

20 seconds to Germ-Free Hands

Hand Rubbing with Sanitiser



Apply the product on the palm of one hand



Rub hands together



Cover all surfaces until hands feel dry

Hand Washing with Soap



Wet hands



Apply soap



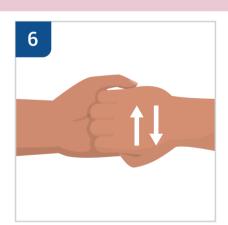
Rub hands palm to palm



Lather the backs of the hands



Scrub between your fingers



Rub back of fingers on opposing palms



Clean thumbs



Wash fingernails and fingertips



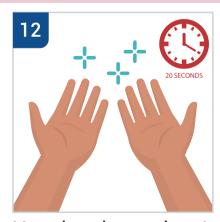
Rinse hands



Dry with a single-use towel



Use the towel to turn off the faucet



Your hands are clean! (Handwash in 20 sec)

